



# North Aegean Cup 2019

## Sailing Instructions



28 July - 3 August 2019  
Porto Carras Resort Halkidiki

## SAILING INSTRUCTIONS

### 1 Rules

- 1.1 The regatta will be governed by the rules as defined in World Sailing Racing Rules 2017-2020.
- 1.2 The following rules will also apply:
  - 1.2.1 IMS Rule
  - 1.2.2 ORC Rating Systems Rule
  - 1.2.3 IRC Rating Rule
  - 1.2.4 World Sailing Offshore Special Regulations. All races will be Category 4.
  - 1.2.5 The Notice of Race, these Sailing Instructions and their amendments
- 1.3 The national prescriptions - Hellenic Offshore Committee Regulations 2019 will apply.
- 1.4 From sunset until sunrise the international regulations for collision avoidance replaces the rules of RRS 2017-2020 Part 2.
- 1.5 Boats must not display any flag or pennant when racing, except the protest flag when needed.
- 1.6 In case of conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions will prevail. This changes RRS 63.7.

### 2 Notices to competitors & Communication

- 2.1 Notices to competitors will be posted on the official notice board in the Race Committee office located in Porto Carras marina.
- 2.2 Channel **72** is fixed for VHF communications.
- 2.3 Race Office phone number: +30 6972 057 819

### 3 Changes to Sailing Instructions

- 3.1 Any change to the Sailing Instructions will be posted at least 2 hours before the warning signal of the first race, on the day it will take effect, except that any change to the schedule of races, will be posted by 21:00 of the day before it will take effect.

### 4 Signals made Ashore

- 4.1 Signals made ashore will be hoisted at a pole at the Race Committee Office.
- 4.2 When AP is displayed ashore, 1 minute is replaced with, not less than 45 minutes in the signal AP.



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### 5 Schedule

Sun 28/7/2019	from 13:00	Registration, measurement and safety inspections
Mon 29/7/2019	from 09:00 20:00	Registration, measurement and safety inspections Skippers' meeting, Opening Ceremony
Tue 30/7/2019	13:00	Inshore or Coastal races
Wed 31/7/2019	TBA	Inshore or Coastal races
Thu 1/8/2019	TBA	Inshore or Coastal races
Fri 2/8/2019	TBA	Inshore or Coastal races
Sat 3/8/2019	TBA	Inshore or Coastal races Prize giving, closing Ceremony

- 5.1 ORC Performance and IRC class will follow the same race schedule with common starts.
- 5.2 Race courses may be:
- Inshore (technical windward/leeward, triangle or similar courses)
  - Coastal of a length up to 50NM, sailed in Toroneos gulf.
- 5.3 Nine (9) races are scheduled, seven (7) of them to be sailed on inshore courses, for ORC Performance and IRC Classes.
- 5.4 Six (6) races are scheduled for ORC Sport class, no more than two (2) of them to be sailed on inshore courses.
- 5.5 In case of adverse weather conditions for inshore courses the Race Committee may opt for coastal courses instead.
- 5.6 There will be sailed no more than three (3) races for the same class for each day.
- 5.7 No warning signal will be made after 16:00 on Saturday 3/8/2019.

### 6 Class flags

- 6.1 Class flags will be
- |                  |                               |
|------------------|-------------------------------|
| ORC Performance: | Numerical pennant "2"         |
| ORC Sport:       | Numerical pennant "1"         |
| IRC:             | White flag with letters "IRC" |

### 7 Race Areas

- 7.1 Inshore races will be sailed in the area of *Neos Marmaras*.
- 7.2 Coastal races will be sailed in Toroneos gulf. The Attachments shows the location of racing areas.

### 8 The Courses

- 8.1 The diagrams in Attachments 1-3 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal in inshore races, the race committee signal vessel will display the approximate compass bearing of the first leg.



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8.3 For coastal races the race committee may cast a windward mark approximately 1 NM from the starting line. If the RC displays a red flag before the warning signal, the windward mark must be left to port. If the RC displays a green flag, the windward mark must be left to starboard.

8.4 Courses will not be shortened. This changes RRS 32.

### 9 Marks

9.1 Marks 1, 2, 3 in inshore races and all marks in coastal races will be yellow inflatable pyramidal buoys.

9.2 Change mark in inshore races will be orange inflatable pyramidal buoy.

9.3 Start and finish marks will be staffs displaying orange flags on committee boats or attached to a buoy.

9.4 A race committee vessel signaling a change of a leg of the course is a mark as provided in SI 11.2.

### 10 The Start

10.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line will be between staffs displaying orange flags on the starting marks.

10.3 The signal boat of the Race Committee may use her engine to maintain her position.

10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.5 To alert boats that a race or sequence of races will begin soon, the orange starting line flag, on the race committee boat signaling the start, will be displayed with one sound at least five (5) minutes before a warning signal is made.

10.6 A boat that does not start within five (5) minutes, in inshore races, or ten (10) minutes, in Coastal races, after her starting signal, will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10.7 If an individual recall has been signaled the RC will try to broadcast the recalled boats 30 seconds after the starting signal has been given. Failure to make a broadcast or to time it will not be grounds for redress this changes 62.1(a).

### 11 Change of the next leg of the course

11.1 To change the next leg of the course in inshore races, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2 Boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.



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### 12 The Finish

- 12.1 The finishing line **in inshore** races will be between staffs displaying orange flags on the finishing marks.
- 12.2 The finishing line **in Coastal** races is defined by a pole with a blue flag, near the green light of Porto Carras marina and a inflatable yellow cylindrical buoy deployed 1/10NM approximately to the west of the marina entrance.
- 12.3 In case of finishing during the night the finishing boats must shed light on their sails and/or bow number and notify the finish detachment of the Race Committee.

### 13 Penalty System

- 13.1 Two-turns penalty is replaced by the one-turn penalty. This changes RRS 44.1.
- 13.2 A boat that has taken a penalty must submit a penalty acknowledgment form to the Race Committee office within the protest time limit.

### 14 Time Limits

- 14.1 The time limit for every boat is expressed in hours – minutes – seconds and is calculated in seconds as follows:
  - 14.1.1 for ORC classes by the formula  
$$\text{GPH} \times 2 \times \text{Distance in NM}$$
  - 14.1.2 for IRC class by the formula  
$$\text{BSF} \times 2 \times \text{Distance in NM}$$
  - 14.1.3 A boat that finishes after her time limit has expired is considered not finished (DNF). This changes RRS 35.

### 15 Protest and Requests for Redress

- 15.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class the protest time limit is one (1) hour after the last boat has finished in the last race of the day, or the race committee has signalled “no more racing today”, whichever is later. This changes RRS 61.3 & 62.2.
- 15.3 On the last day of the event a request for protest reopening or a request for redress for a Jury decision must be submitted:
  - 15.3.1 Within the protest time limit, if the interested party was informed of the decision during the previous day.
  - 15.3.2 30 minutes at the latest after the announcement of the decision of this day for which a reopening is requested. This changes RRS 66.

### 16 Time Correction

- 16.1 TCC coefficient will be used for all races of IRC class.



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16.2 For ORC classes:

16.2.1 Time-on-Time Coastal/Long Distance will be used for coastal races.

16.2.2 Performance Curve Scoring will be used for inshore races, using the winning boat's implied wind for corrected time calculation.

### 17 Scoring

17.1 All races have the same scoring coefficient.

17.2 Low Point System (RRS Appendix A) will be used.

17.3 ORC Performance & IRC classes: The score of the worst race will be discarded when five (5) or more races have been sailed. If only one coastal course race has been sailed, its score shall not be discarded.

17.4 ORC Sport class: The score of the worst race will be discarded when five (5) or more races have been sailed.

17.5 Division scoring will be extrapolated from class scoring.

### 18 Safety Regulations

18.1 Boats that, for any reason and in any race, retire racing are obliged to notify the Race Committee as soon as possible. The penalty for breaching this Sailing Instruction will be disqualification not excludable (DNE), without hearing. This changes RRS 63.1.

### 19 Replacement of crew or equipment

19.1 Substitution of competitors will not be allowed without prior written approval of the race or the protest committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee or the protest committee. Requests for substitution shall be made to the committees at the first reasonable opportunity.

### 20 Equipment and Measurement Checks

20.1 All boats must be available for safety equipment inspections and measurement checks from Sunday 28/7/2019 13:00 until the protest time limit of the last race has expired.

20.2 Inspections for safety, measurement and rule compliance may occur throughout the whole duration of the event, before of after any race, with emphasis on boats well-placed on the scoring board.

20.3 Crew weight may be inspected at any time during the event.

### 21 Committee Vessels

21.1 Race Committee boat signaling the start will display white flag with letters RC.

21.2 Race Committee vessels will display a numbered Nautical Club pennant.

21.3 Jury vessel will display white flag with letters JURY



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21.4 Failure of a Race Committee boat to display her flag will not be ground for a request for redress. This changes RRS 62.1(a).

21.5 Vessels used by press, photographers, dignitaries' etc. fly a green flag with sign "MEDIA" and are not under the control of the Race Committee. None of these vessels' will be ground for a request for redress. This changes RRS 62.1(a).

### 22 Haul - out Restrictions

From time 12:00 28/7/2019 hauling out boats is prohibited, except for damage repair and only after the written permission by the Race or protest Committee. During the period a boat is ashore no cleaning or polishing under the waterline is allowed.

### 23 Trophies and Prizes

23.1 Prizes will be awarded to the 1st, 2nd and 3rd winner of the North Aegean Cup of ORC Performance, ORC Sport and IRC classes respectively. The following perpetual trophies will also be awarded:

- Alexander the Great Cup to the 1st winner of ORC Performance
- Philippos B' to the 1st winner of ORC Sport
- Nautical Club of Thessaloniki Cup to the 1st winner of IRC
- "Stergios Fessas" Cup to the boat with the least corrected time in the coastal race of the greatest distance, that all classes started at the same time.
- "Makos Doxopoulos" Cup to the youngest athlete in the event.

23.2 A prize will be awarded to the 1st winner of each division.

23.3 A prize will be awarded to the 1st winner of each race for each division.



# North Aegean Cup 2019

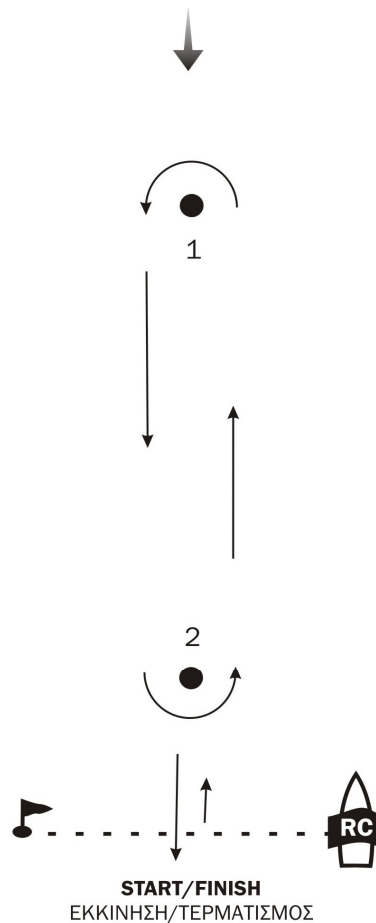
## Sailing Instructions



### ATTACHMENT 1 – Windward/Leeward races

#### 1 Course

- 1.1 Start - Mark 1 - Mark 2 - Mark 1 - Finish.
- 1.2 All rounding marks are yellow pyramidal inflatable buoys and must be left to port.
- 1.3 The Race Committee will display "W/L" and the bearing of the first rounding mark on a board before the warning signal of the race.
- 1.4 Target duration for windward/leeward will be one hour, for the fastest boat of the fleet. Failure to comply with the above cannot be a reason for a request for redress.





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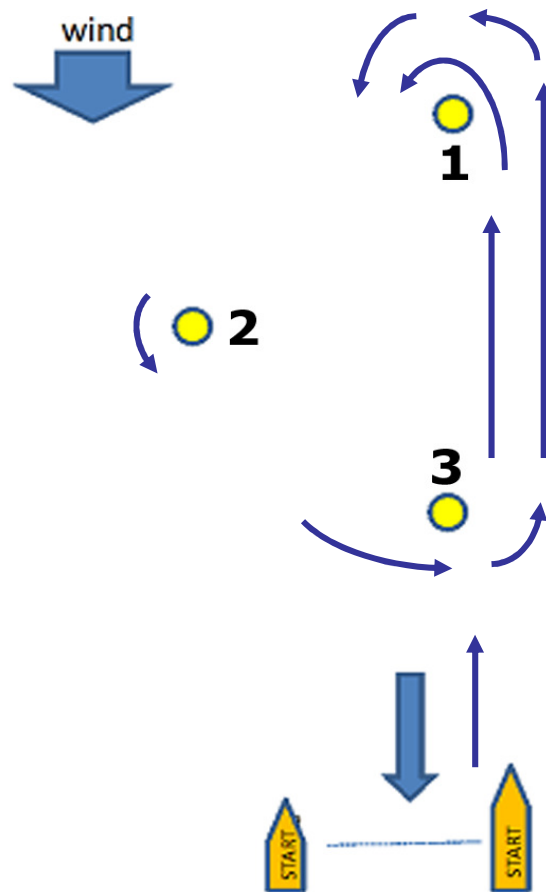
## Sailing Instructions



### ATTACHMENT 2 – Triangle Races

#### 2 Course

- 2.1 Start – Mark 1 – Mark 2 – Mark 3 – Mark 1 – Finish.
- 2.2 All rounding marks are yellow pyramidal inflatable buoys and shall be left to port.
- 2.3 The Race Committee will display flag "T" and the bearing of the first rounding mark on a board before the warning signal of the race.







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## Sailing Instructions



### ATTACHMENT 3 - Coastal Races

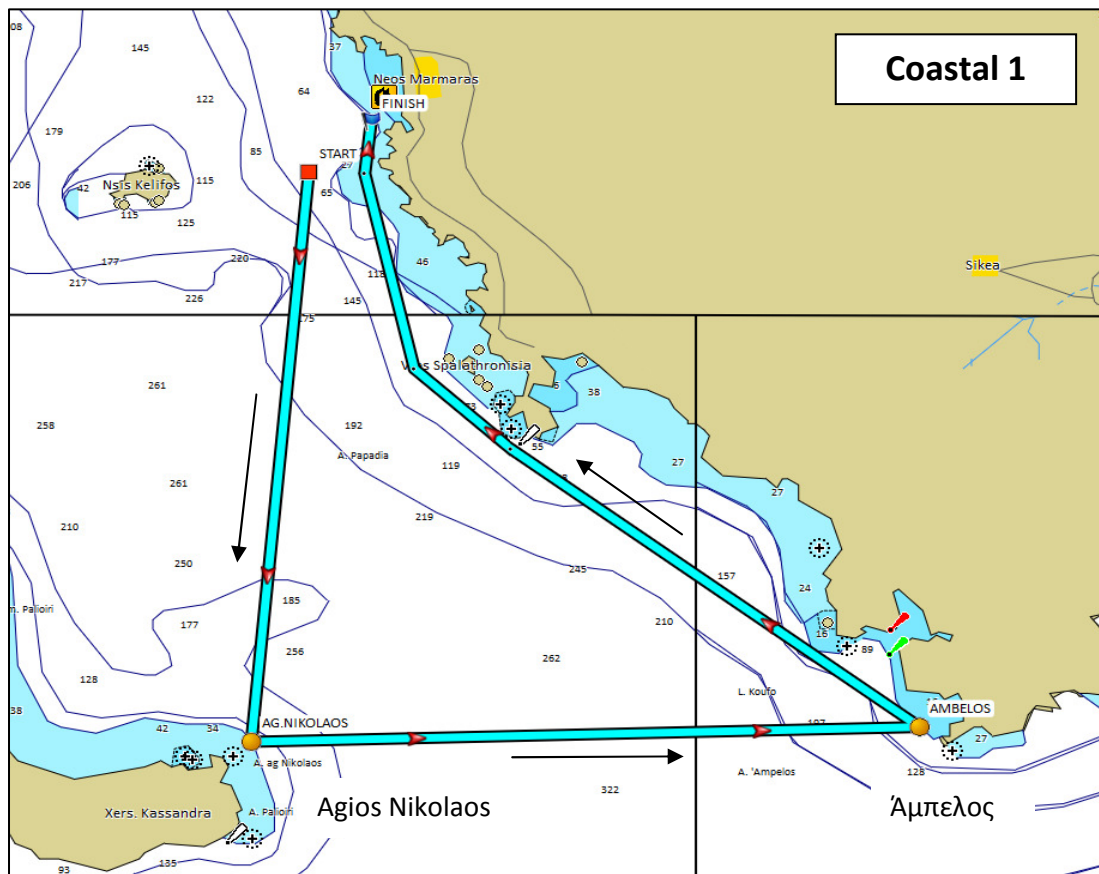
#### 3 Courses

3.1 **Coastal 1**, distance 27 NM approximately.

3.1.1 Start - Mark Agios Nikolaos - Mark Ambelos - Finish (leave yellow buoy to port)

3.1.2 All rounding marks are yellow pyramid inflatable buoys and shall be left to port.

3.1.3 The Race Committee will display pennant "5" and number "1" on the board of the Race Committee boat before the warning signal of the race.



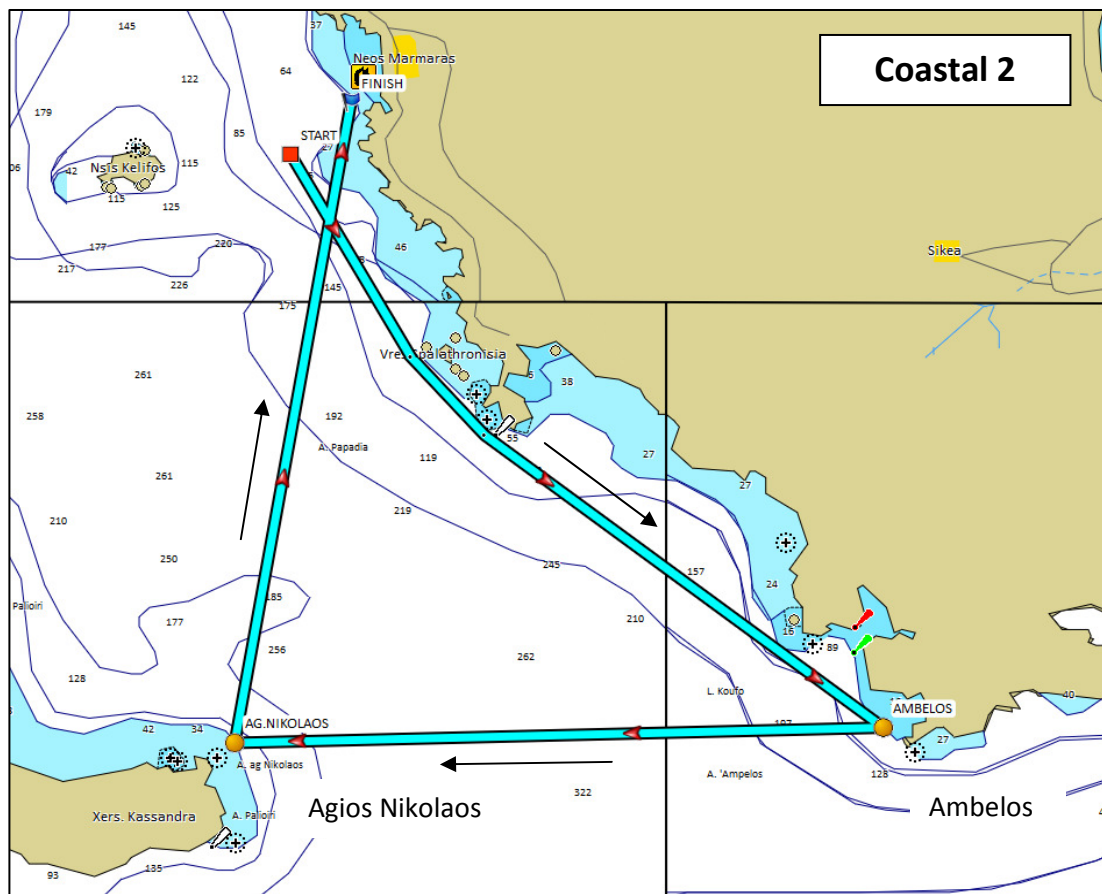


# North Aegean Cup 2019

## Sailing Instructions



- 3.2 **Coastal 2**, distance 27 NM approximately.
- 3.2.1 Start - Mark Ambelos - Mark Agios Nikolaos - Finish (leave yellow buoy to port)
- 3.2.2 All rounding marks are yellow pyramidal inflatable buoys and shall be left to starboard.
- 3.2.3 The Race Committee will display pennant "5" and number "2" on the board of the Race Committee boat before the warning signal of the race.



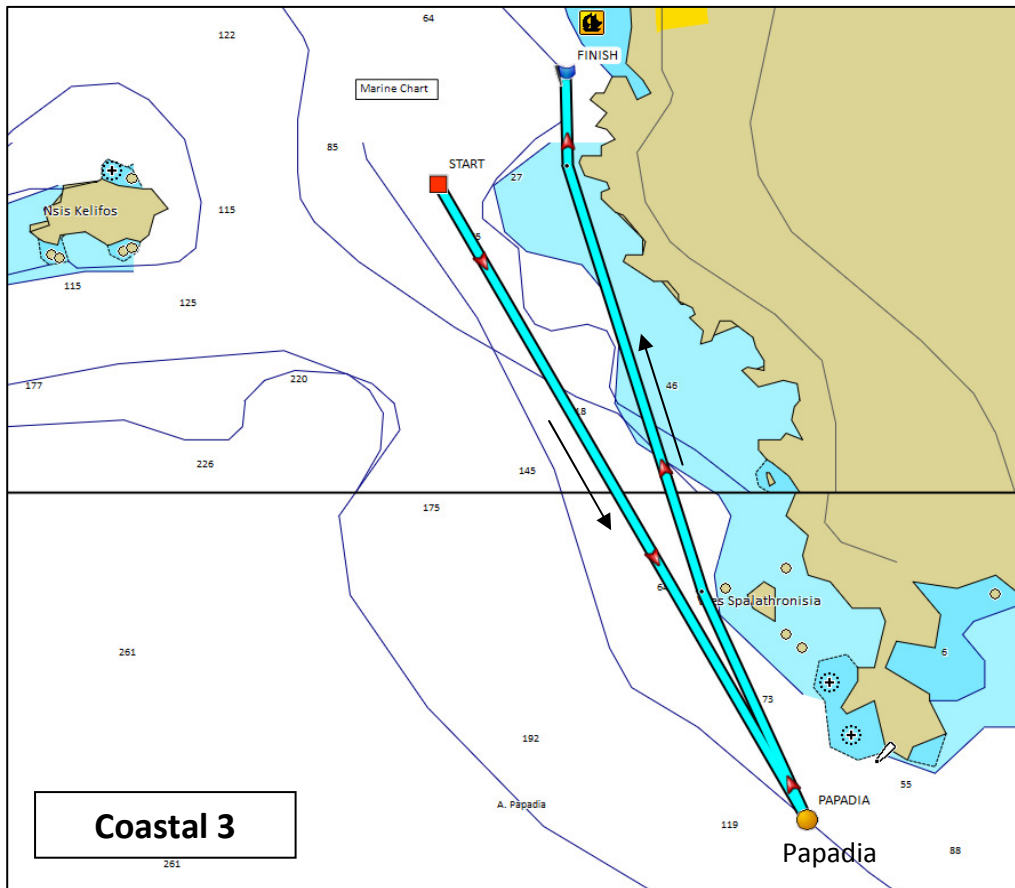


# North Aegean Cup 2019

## Sailing Instructions



- 3.3 **Coastal 3**, distance 10 NM approximately.
- 3.3.1 Start - Mark Papadia - Finish (leave yellow buoy to port)
- 3.3.2 Rounding mark Papadia is yellow pyramidal inflatable buoy and shall be left to port.
- 3.3.3 The Race Committee will display pennant "5" and number "3" on the board of the Race Committee boat before the warning signal of the race.



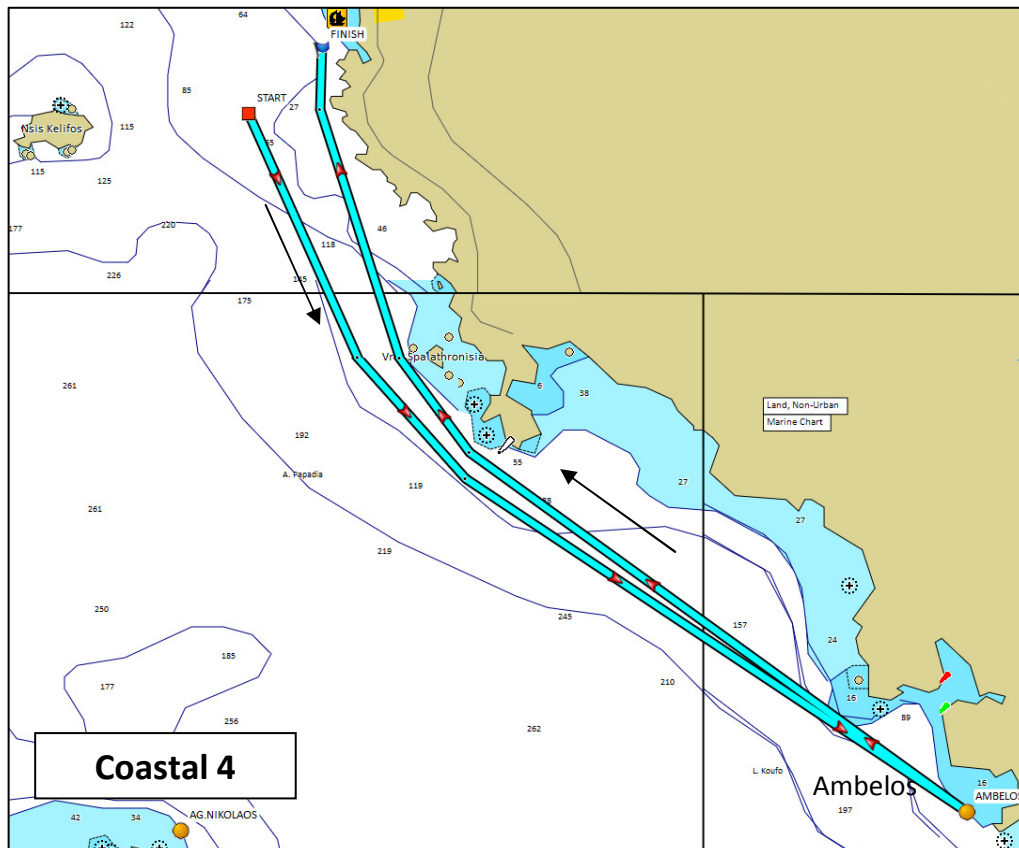


# North Aegean Cup 2019

## Sailing Instructions



- 3.4 **Coastal 4**, distance 22 NM approximately.
- 3.4.1 Start - Mark Ambelos - Finish (leave yellow buoy to port)
- 3.4.2 Rounding mark Ambelos is yellow pyramidal inflatable buoy and shall be left to port.
- 3.4.3 The Race Committee will display pennant "5" and number "4" on the board of the Race Committee boat before the warning signal of the race.



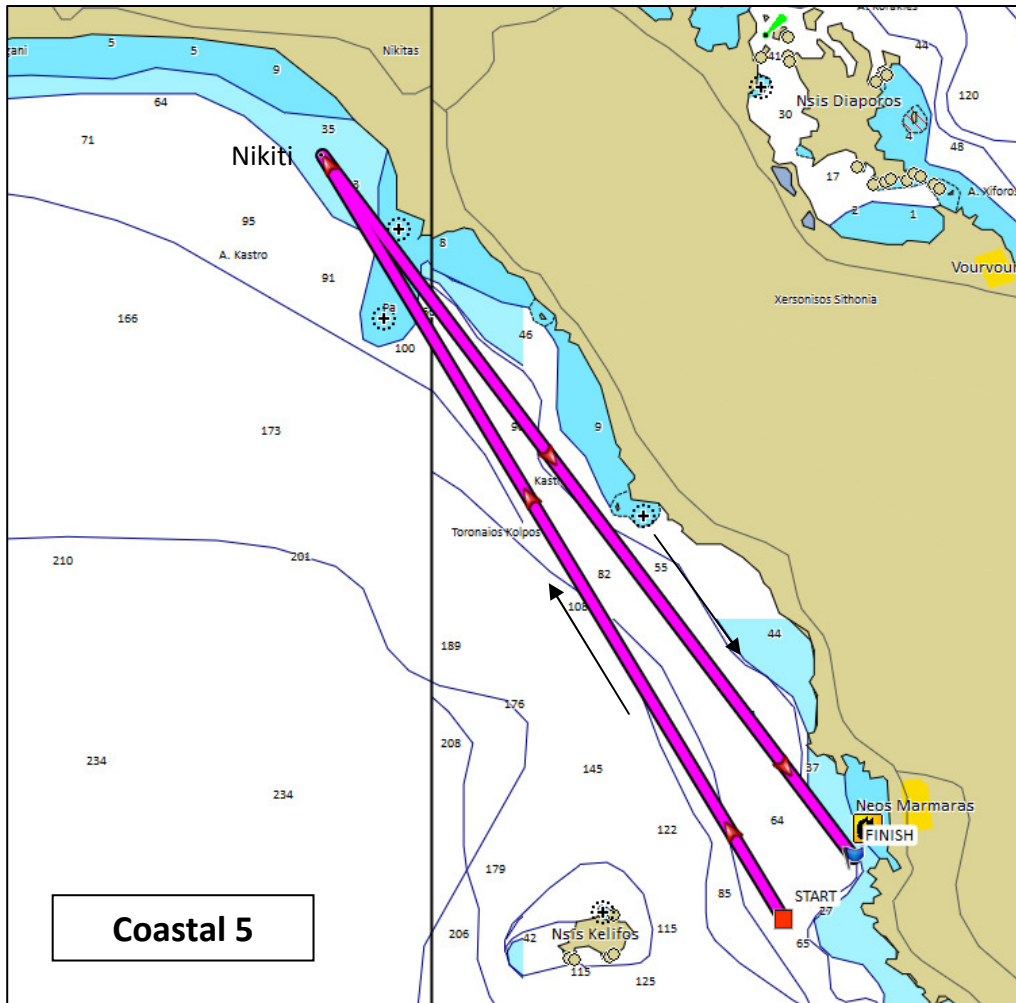


# North Aegean Cup 2019

## Sailing Instructions



- 3.5 **Coastal 5**, distance 19 NM approximately.
- 3.5.1 Start - Mark Nikiti - Finish (leave yellow buoy to starboard)
- 3.5.2 Rounding mark Nikiti is yellow pyramidal inflatable buoy and shall be left to starboard.
- 3.5.3 The Race Committee will display pennant "5" and number "5" on the board of the Race Committee boat before the warning signal of the race.



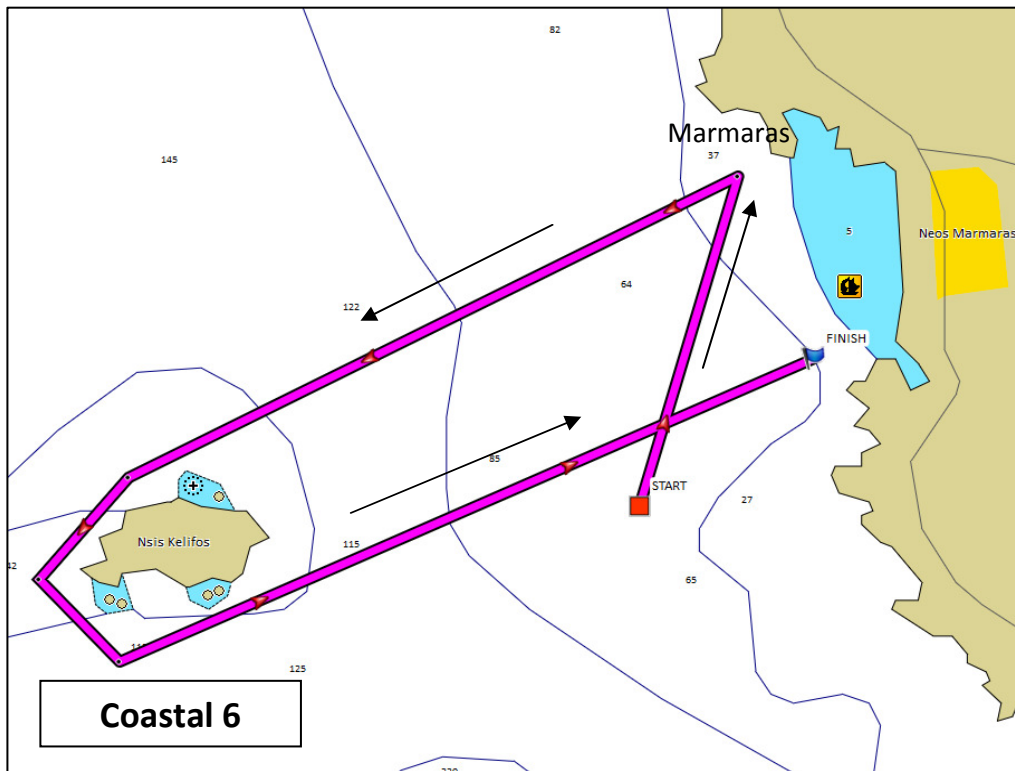


# North Aegean Cup 2019

## Sailing Instructions



- 3.6 **Coastal 6**, distance 9 NM approximately.
- 3.6.1 Start - mark Marmaras - Circumnavigation of Kelyfos islet - Finish (leave yellow buoy to port)
- 3.6.2 Rounding mark Marmaras is yellow pyramidal inflatable buoy and shall be left to port. Kelyfos islet must be left to port.
- 3.6.3 The Race Committee will display pennant "5" and number "6" on the board of the Race Committee boat before the warning signal of the race.



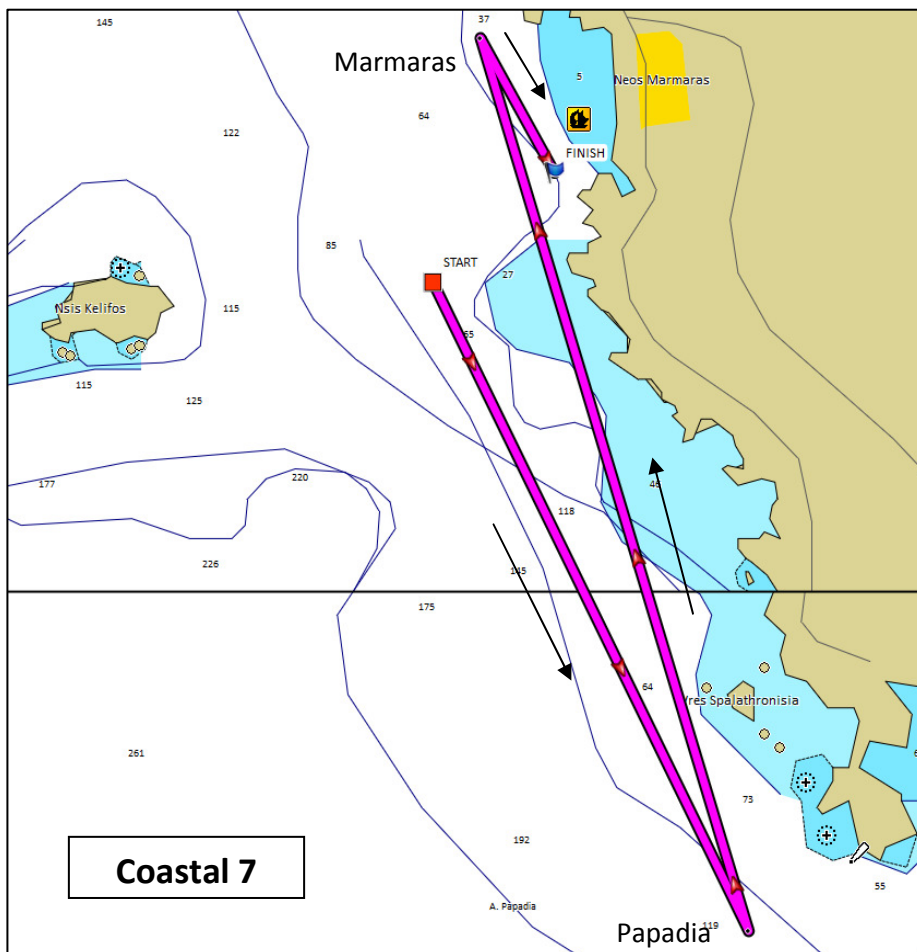


# North Aegean Cup 2019

## Sailing Instructions



- 3.7 **Coastal 7**, distance 11 NM approximately.
- 3.7.1 Start - Mark Papadia - Mark Marmaras - Finish (leave yellow buoy to starboard)
- 3.7.2 All rounding marks are yellow pyramidal inflatable buoys. Mark Papadia shall be left to port. Mark Marmaras shall be left to port.
- 3.7.3 The Race Committee will display pennant "5" and number "7" on the board of the Race Committee boat before the warning signal of the race.



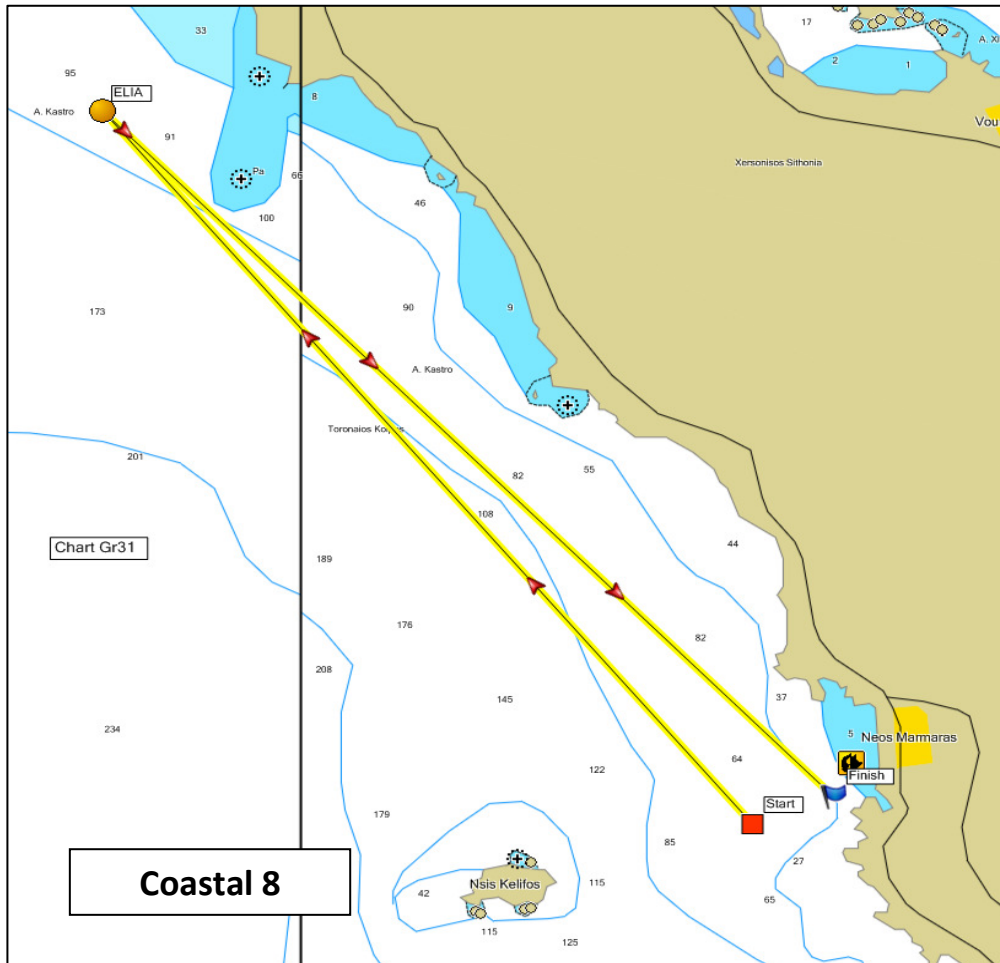


# North Aegean Cup 2019

## Sailing Instructions



- 3.8 **Coastal 8**, distance 8 NM approximately.
- 3.8.1 Start - Mark Elia - Finish (leave yellow buoy to starboard)
- 3.8.2 Mark Elia is yellow pyramidal inflatable buoys. Mark Elia shall be left to starboard.
- 3.8.3 The Race Committee will display pennant "5" and number "8" on the board of the Race Committee boat before the warning signal of the race.





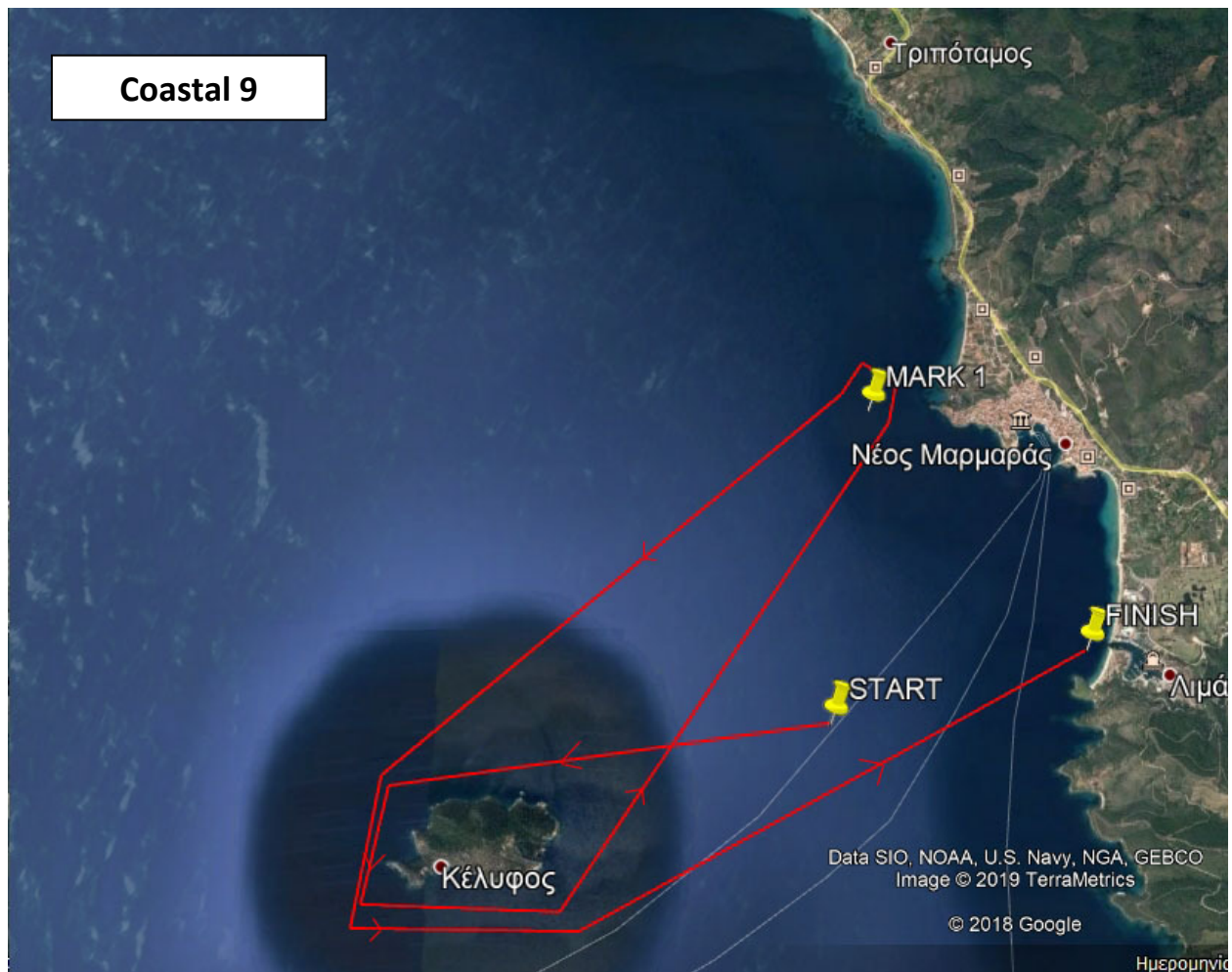


# North Aegean Cup 2019

## Sailing Instructions



- 3.9 **Coastal 9**, distance 15 NM approximately.
- 3.9.1 Start - Circumnavigation of Kelyfos islet - Mark 1- Circumnavigation of Kelyfos islet - Finish (leave yellow buoy to port).
- 3.9.2 Kelyfos islet must be left to port.
- 3.9.3 Mark 1 is yellow pyramidal inflatable buoy and must be left to port.
- 3.9.4 The Race Committee will display pennant "5" and number "9" on the board of the Race Committee boat before the warning signal of the race.





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## Sailing Instructions



- 3.10 **Coastal 10**, distance 17 NM approximately.
- 3.10.1 Start - Kelyfos islet (leave to starboard) - Mark 1 (leave to starboard) - Kelyfos islet (leave to port) - Finish (leave yellow buoy to port).
- 3.10.2 Mark 1 is yellow pyramidal inflatable buoy.
- 3.10.3 The Race Committee will display pennant "5" and number "10" on the board of the Race Committee boat before the warning signal of the race.

